

# DOROTHY W. HUNT BRANCH

115 Davis El Paso, TX 79907







T: 915.519.0006 F: 915.859.8605

Schedule Effective March 2018

## WATER AEROBICS

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
am					
7:00	Power Hour	Aquacise	Aquacise	Aquacise	Aquacise
9:00	H2O Tabata		H2O Tabata		
10:00	Silver Splash®	Power Hour	Silver Splash®	Power Hour	
pm					
5:00		Power Hour		Power Hour	
5:30	Aquacise		Aquacise		

## LAND AEROBICS

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
am					
9:00	 ZUMBA fitness	Cardio Tone	 ZUMBA fitness	Cardio Tone	 ZUMBA fitness
10:15	 SILVER&FIT EXPERIENCE	Silver Sneakers® Classic	Silver Sneakers® Classic	Silver Sneakers® Classic	
pm					
5:30	Yoga		Yoga		Yoga
6:00		 ZUMBA fitness		 ZUMBA fitness	

ALL ADULT FITNESS AND AQUATICS CLASSES ARE 50 MINUTES LONG

ZUMBA® and the Zumba Fitness logo are trademarks of Zumba Fitness, LLC, used under license