

Healthcare

Women's Healthcare Responsibilities

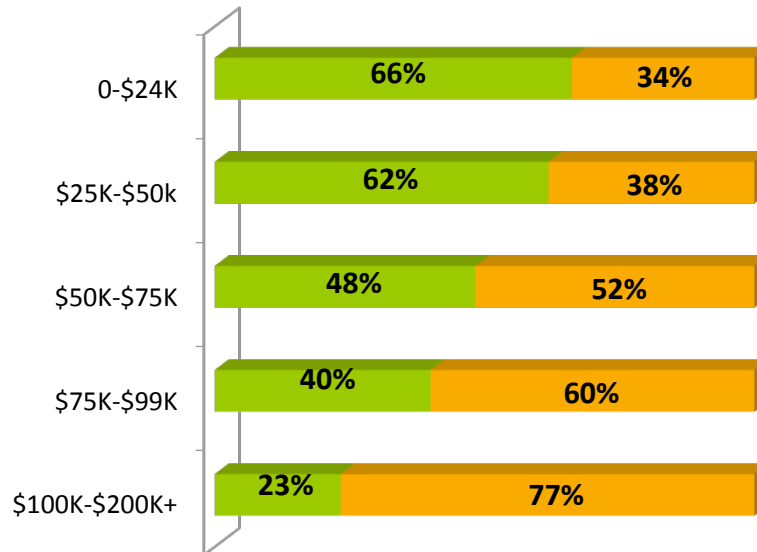
- We asked women a series of questions to determine the extent to which they are charged with the healthcare decisions in the household, and whether they are also responsible for overseeing the healthcare of their parents.
 - 41% of women are solely responsible for the healthcare decisions in the home.
 - However, over 60% of women in the two lowest income brackets indicated they have sole responsibility.
 - The decisions are made jointly in 77% of households with incomes greater than \$100K.
 - 18% of women are caring for an aging parent and are responsible for making healthcare decisions for them. Of these women, 7% are solely responsible for such care.
 - 67% of women in households with income below \$25K are solely responsible for the care of an aging parent, and 64% are responsible for making healthcare decisions for them.

Healthcare

Women's Healthcare Responsibilities

Are you responsible for making health care decisions in your home?

Yes it's my sole responsibility	Yes I'm jointly responsible with someone else
41%	50%



- Yes, it's my sole responsibility
- Yes, I'm jointly responsible with someone else

Are you Caring for an Aging Parent?

Yes it's my sole responsibility	Yes I'm jointly responsible with someone else
7%	11%

Do you make the health care decisions for your aging parents?

Yes it's my sole responsibility	Yes I'm jointly responsible with someone else
5%	13%

N = 438

Indicate whether or not the following statements apply to you.

Top two percent
Strongly Agree = 5, 4

Healthcare

Attitudes Towards Self-Care

Buy over the counter medicines from the store or pharmacy	81%
Visit a clinic or urgent care	58%
Call my doctor and set an appointment to see him/her	51%
Prefer to treat myself with natural remedies	50%
Take homeopathic remedies	38%
Wait until I feel better	37%
Prefer alternative treatments that I can buy at a "naturista" - a naturalist	23%
Go to the emergency room	20%
I never take medicines	10%

- Women were asked to express their level of agreement with a series of statements intended to determine the extent to which they defer treatment when they are ill, and what is their preferred treatment approach.
 - They answered on a 5-point scale where 5 = *Strongly agree*.
 - Mean scores and the Top two percent of responses (strongly agree + agree) are presented for comparison.
- A majority of women will seek traditional medications and medical attention from a doctor or urgent care clinic when they feel ill.
- Only 50% prefer to treat themselves with natural remedies, and 38% rely on homeopathic remedies.
- However, 37% will just wait to feel better before seeking any treatment

Please express your level of agreement with the following statements "WHEN I FEEL SICK I..."

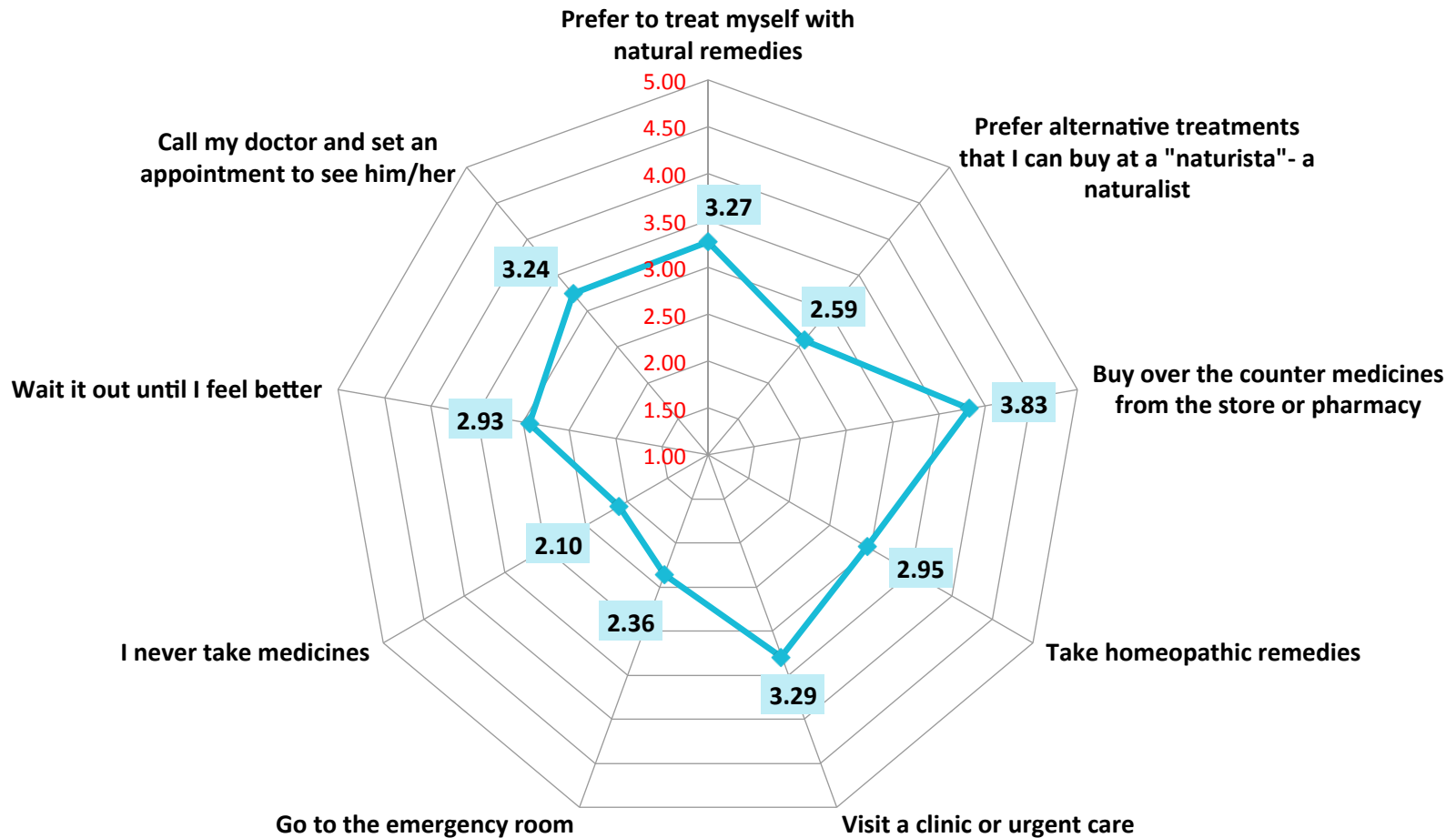
N = 559

Mean Scores
5 = Strongly Agree
1 = Strongly Disagree

Healthcare

Attitudes Towards Self-Care

"When I feel sick I..."



Please express your level of agreement with the following statements "WHEN I FEEL SICK I..."

N = 559

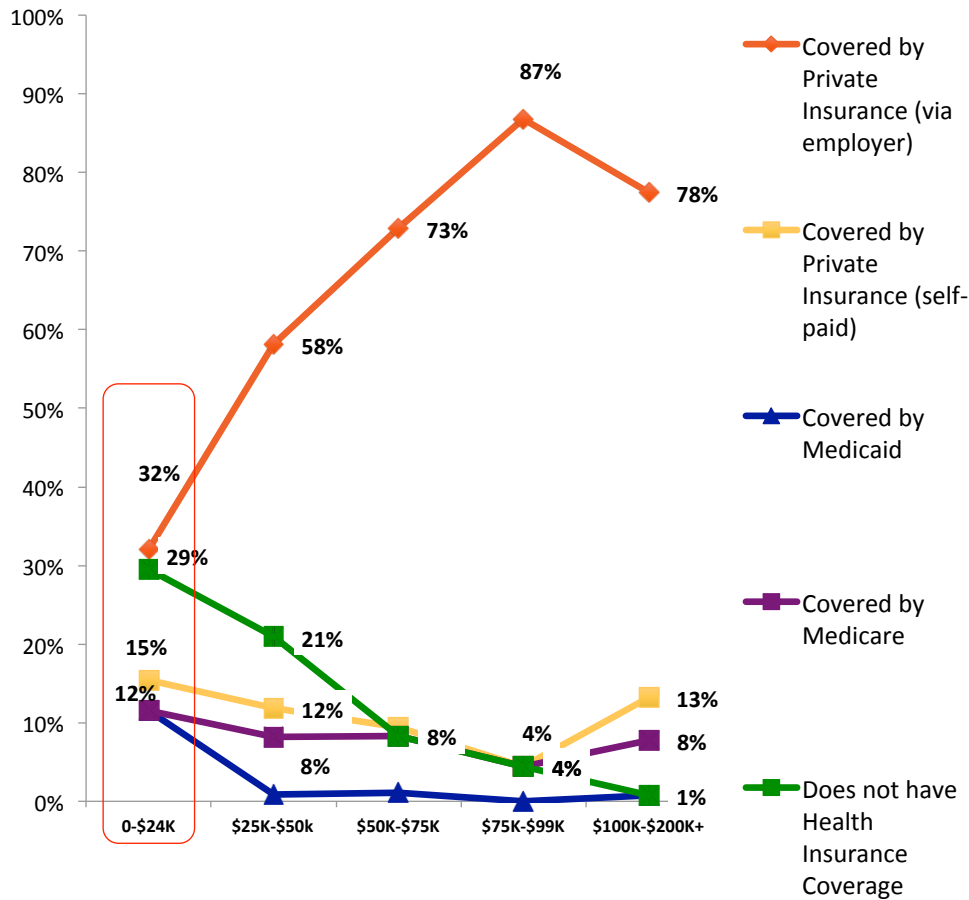
Healthcare

Health Insurance Coverage

- Health insurance has become a financial burden for many households. The survey asked women to indicate whether they had health insurance, as well as the kind of health insurance, if any, covered the healthcare expenses of household members.
- 64% of respondents had private health insurance via their employer, and 11% had self-paid insurance coverage. 12% of were uninsured.
 - 48% of partners/spouses had private health insurance, and only 9% of them were uninsured.
 - 40% of children were covered by private insurance – 34% via the employer. 12% of children were covered by Medicaid.
- For those who had parents living at home, 33% of mothers had private insurance and 33% had Medicare; 17% were uninsured.
 - 32% of fathers living with the respondent had private insurance, while 25% had Medicare, and 20% were uninsured.
- Most other adults living in the home were covered by private insurance via their respective employers.

Healthcare

Health Insurance – Self (YOU)



Covered by Private Insurance (Via employer)	Covered by Private Insurance (self-paid)	Covered by Medicaid	Covered by Medicare	Does not have Health Insurance Coverage
64%	11%	2%	9%	12%

*Percent of Don't know and Does not apply are not reported

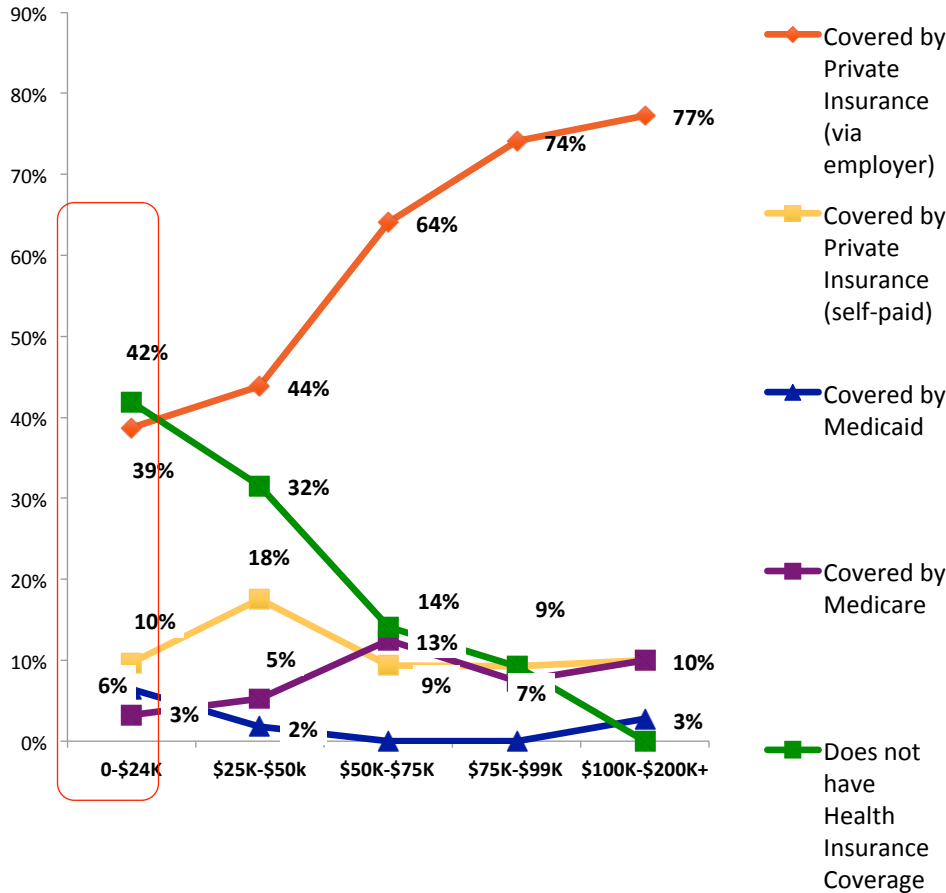
- 29 % of women making less than \$24K a year are uninsured, as are 21% of those with income between \$25K and \$50K.
- Women in higher income brackets are more likely to have insurance coverage via their employers.

For each member of your HOUSEHOLD, please indicate whether they have health insurance coverage. Select all that apply.

N = 481

Healthcare

Health Insurance – Spouse/Partner



Covered by Private Insurance (Via employer)	Covered by Private Insurance (self-paid)	Covered by Medicaid	Covered by Medicare	Does not have Health Insurance Coverage
41%	7%	1%	6%	9%

*Percent of *Don't know* and *Does not apply* are not reported

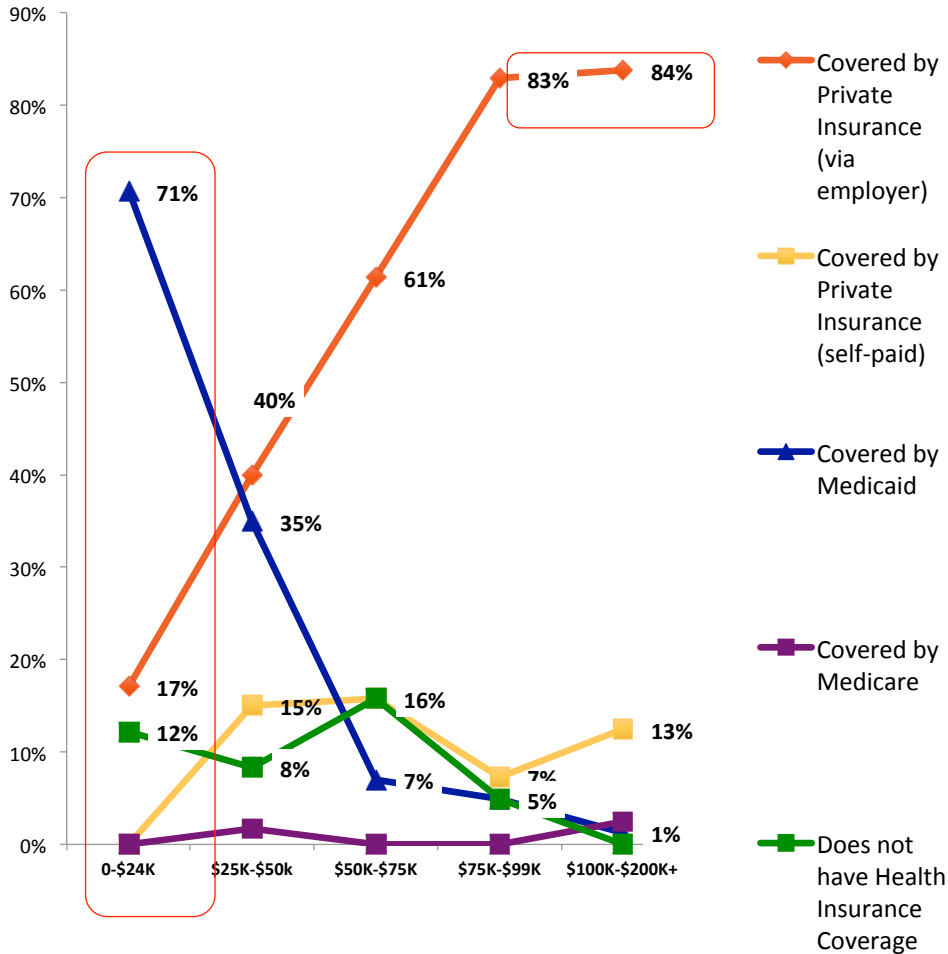
- In households with income less than \$24k, 42% of the women's spouses/partners are uninsured, as are 32% in households with income between \$25K and \$50K.

For each member of your HOUSEHOLD, please indicate whether they have health insurance coverage. Select all that apply.

N = 316

Healthcare

Children Health Insurance



Covered by Private Insurance (Via employer)	Covered by Private Insurance (self-paid)	Covered by Medicaid	Covered by Medicare	Does not have Health Insurance Coverage
34%	6%	12%	1%	1%

*Percent of Don't know and Does not apply are not reported

- Medicaid is the primary coverage for children in households with income less than \$24K, but 12 of children in those households are uninsured.
- Private insurance via an employer is the primary for of coverage for children in households with income higher than \$50K.

For each member of your HOUSEHOLD, please indicate whether they have health insurance coverage. Select all that apply.

N = 279

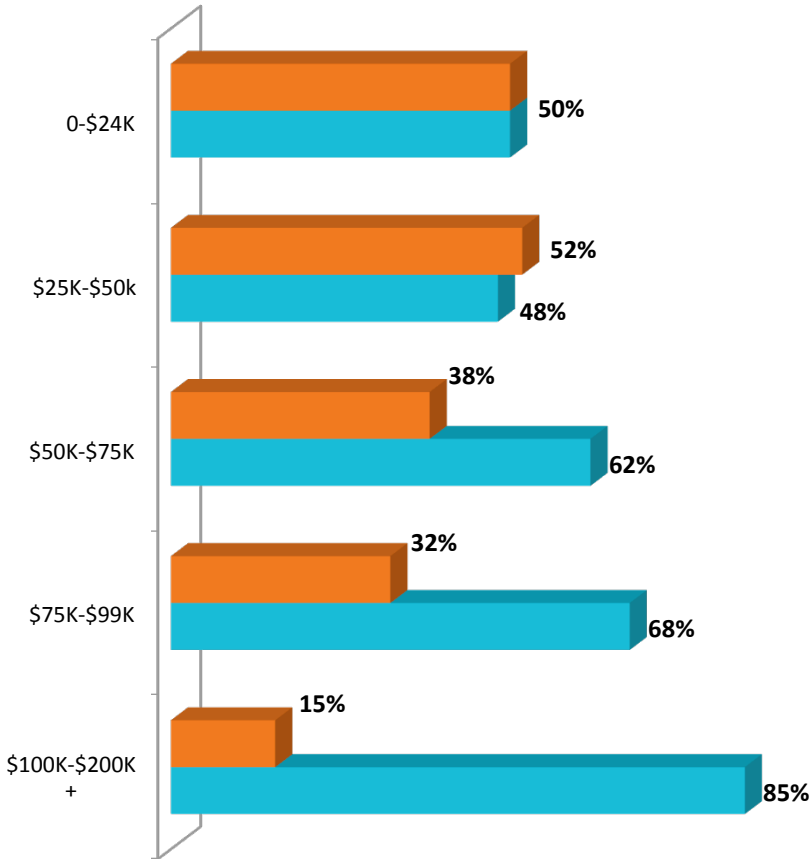
Healthcare

Receiving Care Across the Border

- For many El Pasoans, going to Juarez for medical care or medication is the only alternative when they are uninsured. However, over the years many have crossed the border to achieve cost savings on dental and vision care.
- Respondents were asked whether they have ever sought any of a number of medical treatments across the border, or whether they have filled prescriptions there.
 - 36% of women have gone for a general medical consult, and 26% have sought the care of a specialist.
 - 42% have received dental care, 29% have received vision care, and 26% have filled prescriptions.
 - When looking at the various income groups, it is clear that even those in the highest income categories have sought some kind of medical attention in Juarez.
 - However, for some in the lowest income categories it is not a choice, it is a necessity.

Healthcare

Seeking Health Services across the Border: General Medical Consult



FULL SAMPLE N= 513	
Yes, I have	No, I have not
36%	64%

- At least 50% of those in each of the 2 lowest income brackets have gone to Juarez for a general medical consult.

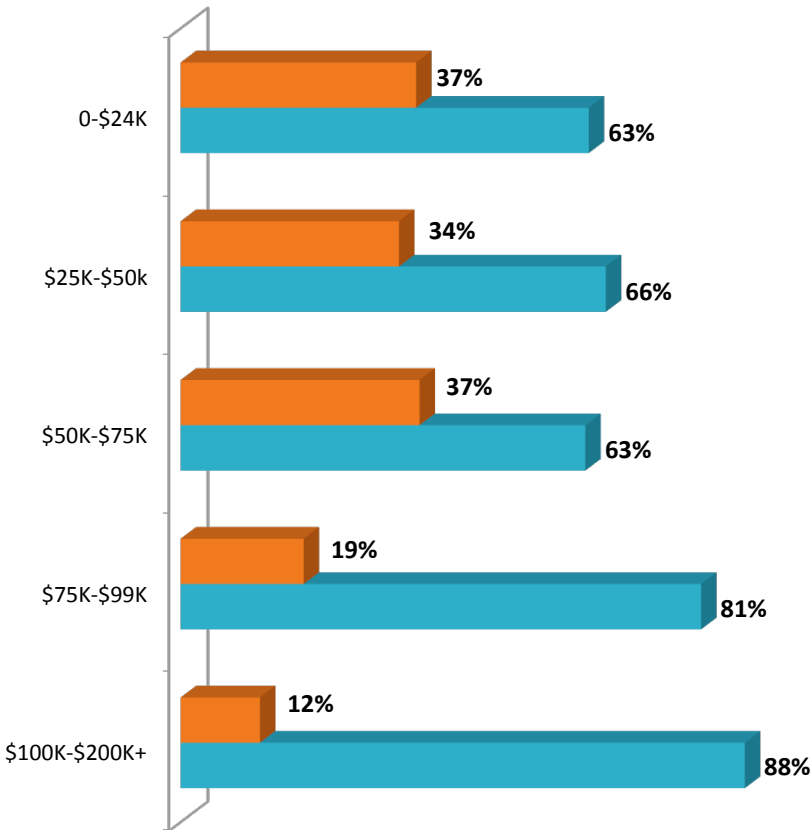
Yes, I have No, I have not

N = 489

Have you ever sought healthcare services across the border in Juarez, Mexico?

Healthcare

Seeking Health Services across the Border: Consult with a medical specialist



Yes, I have No, I have not

FULL SAMPLE N= 513	
Yes, I have	No, I have not
26%	74%

- At least a third of those who make \$75K or less have sought medical care from a specialist in Juarez.

N = 489

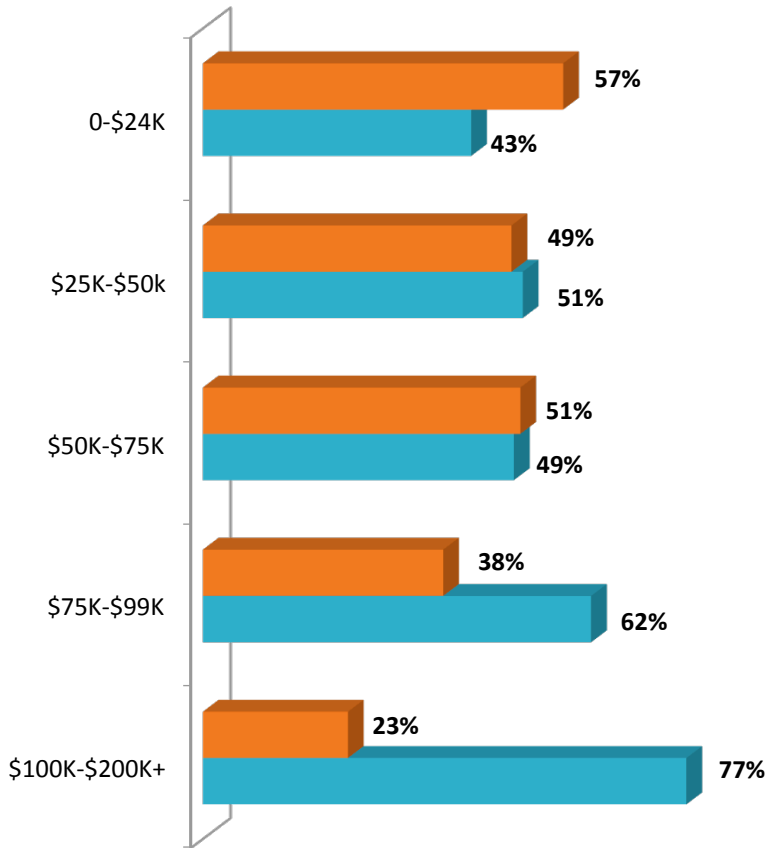
Have you ever sought healthcare services across the border in Juarez, Mexico?

Healthcare

Seeking Health Services across the Border: Dental care



FULL SAMPLE N= 513	
Yes, I have	No, I have not
42%	58%



- Going for preventive dental care and other dental procedures is common across most income groups, with the highest percentage for those with income of \$24K or less (57%).

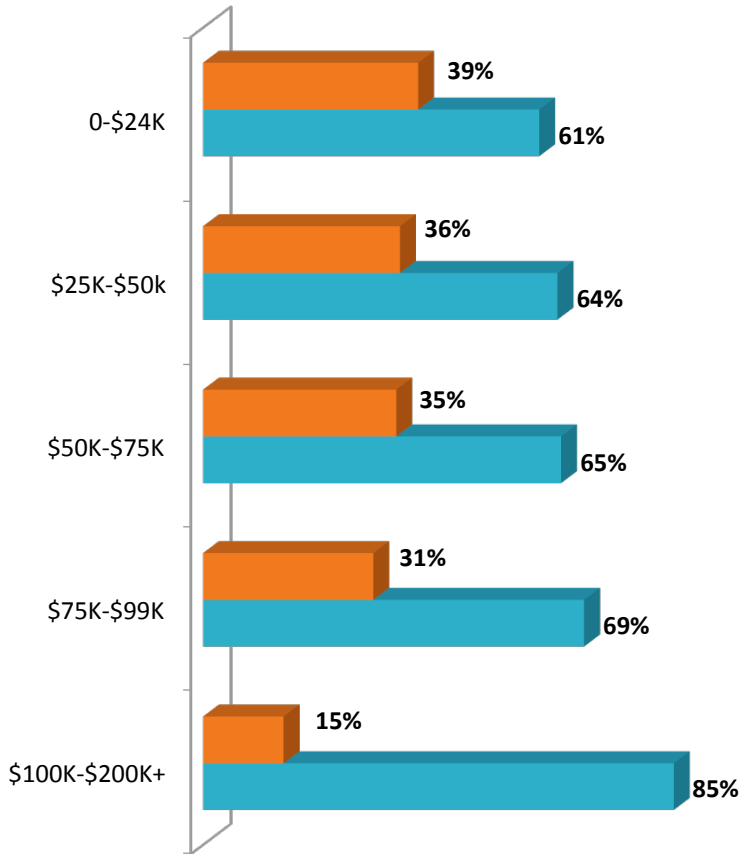
N = 489

■ Yes, I have
 ■ No, I have not

Have you ever sought healthcare services across the border in Juarez, Mexico?

Healthcare

Seeking Health Services across the Border: Vision care



FULL SAMPLE N= 513	
Yes, I have	No, I have not
29%	71%

- At least a third of all respondents making \$99K or less have been to Juarez to seek some form of vision care.

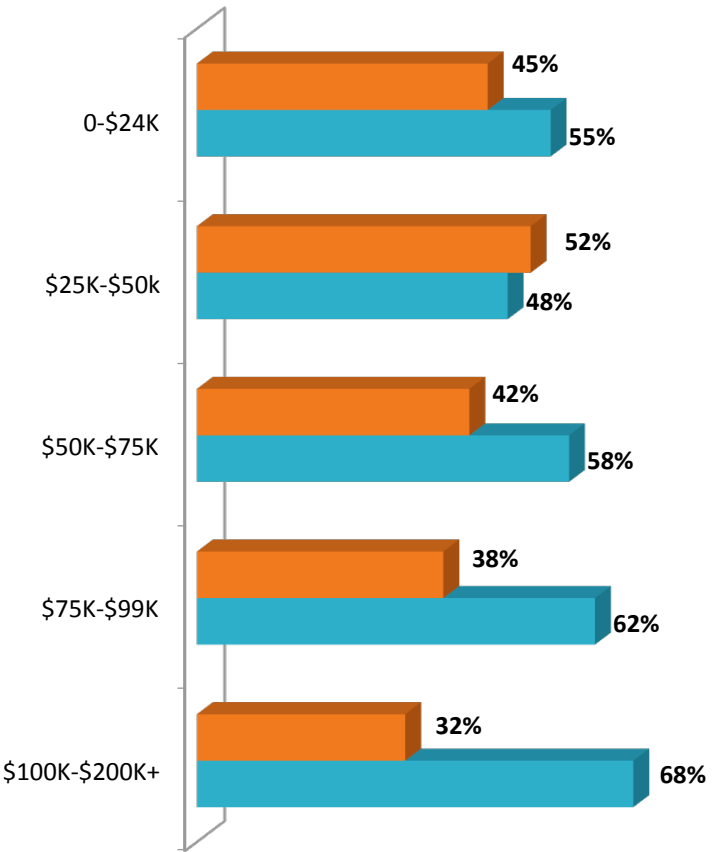
N = 489

Yes, I have No, I have not

Have you ever sought healthcare services across the border in Juarez, Mexico?

Healthcare

Seeking Health Services across the Border: Fill/refill Medical Prescription



Yes, I have No, I have not

FULL SAMPLE N= 513	
Yes, I have	No, I have not
26%	74%

- Going to Juarez to fill prescriptions is common across all income groups, even for those in the highest income category (32%).

N = 489

Have you ever sought healthcare services across the border in Juarez, Mexico?

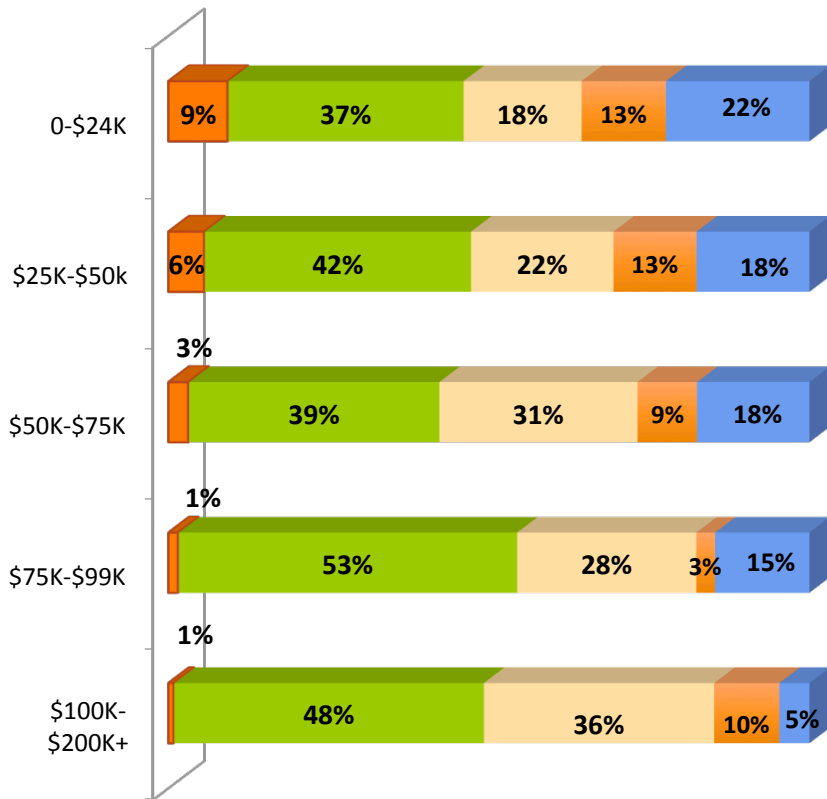
Healthcare

Frequency of Receiving Preventive Care

- Because women often postpone or forego medical treatment due to financial or time constraints, the survey included a series of questions that specially asked the last time respondents had a series of preventive health tests or procedures.
 - Most women had received a routine check ups, cholesterol test, blood pressure test and diabetes screening in the last 18 months.
 - 36% of women 50 and older had gotten a mammogram within the year, and 34% between 13 and 24 months ago.
 - 5% had never gotten a mammogram
 - 54% of all women had gotten a Pap smear within the year.
 - 7% had never gotten a Pap smear, 21% of them being in the lowest income category.
 - 45% of women had a consult about reproductive health/birth control in the last 18 months.
 - 16% had never had such a consult, with 29% of these women being in the lowest income category.

Healthcare

Last time they received: Routine annual check-up



Never	Within the last 6 months	7-12 months ago	13-18 months ago	24 months ago or longer
4%	44%	28%	10%	14%

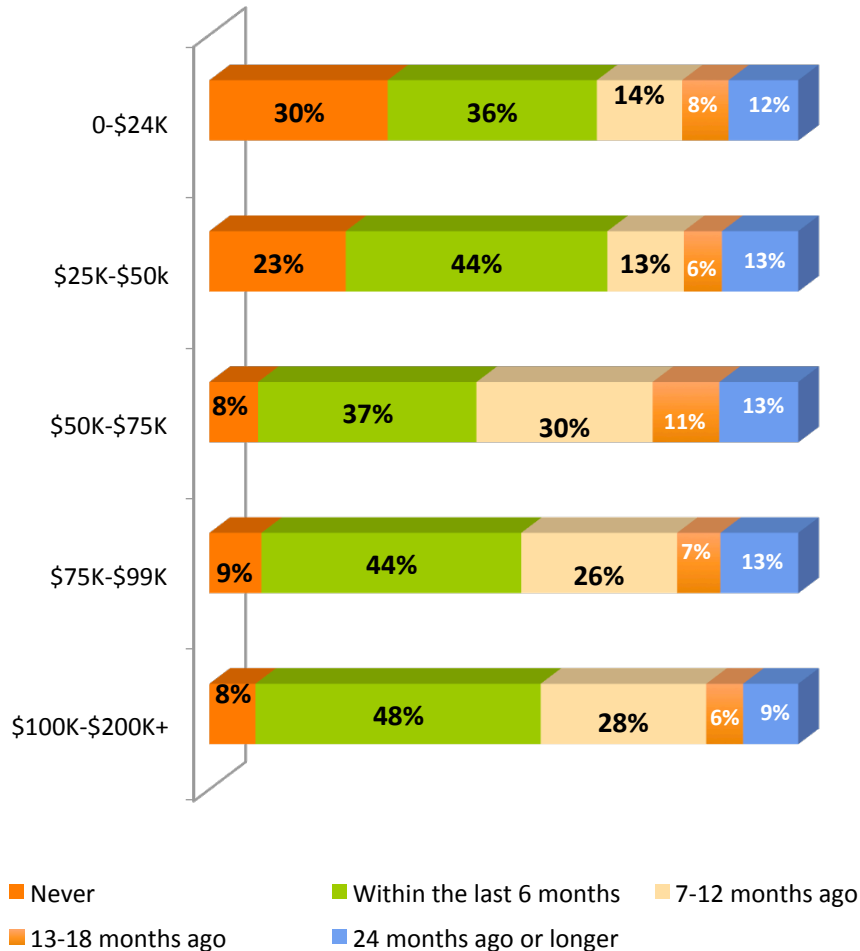
■ Never ■ Within the last 6 months ■ 7-12 months ago
■ 13-18 months ago ■ 24 months ago or longer

N = 477

When was the last time you had the following healthcare/medical tests/procedures?

Healthcare

Last time they received – Cholesterol test



Never	Within the last 6 months	7-12 months ago	13-18 months ago	24 months ago or longer
15%	43%	22%	8%	12%

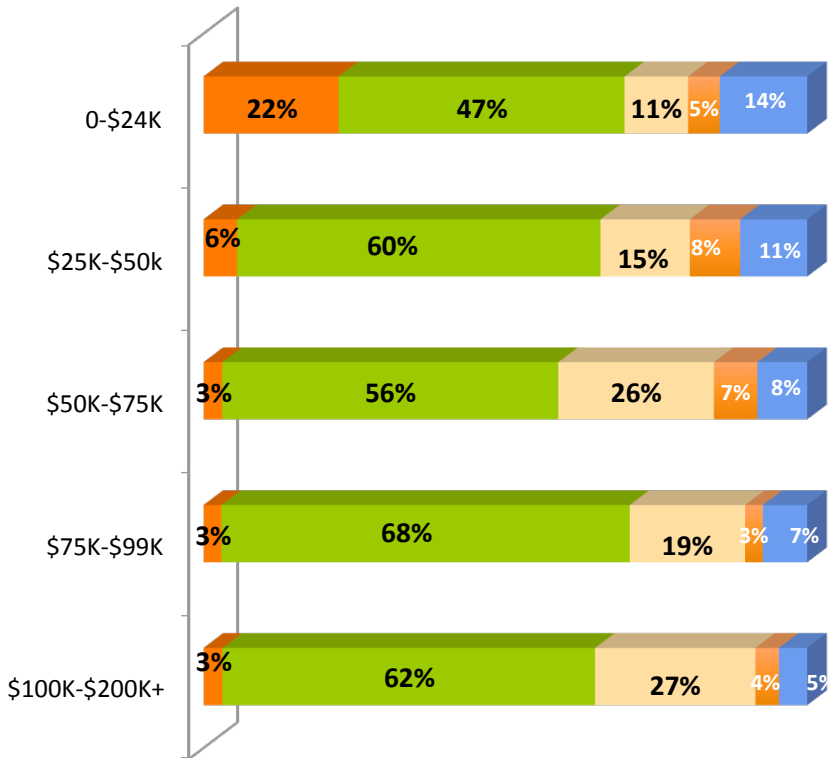
- 30% of women in the lowest income bracket have never been screened for high cholesterol.

When was the last time you had the following healthcare/medical tests/procedures?

N = 477

Healthcare

Last time they received: Blood pressure test



Never	Within the last 6 months	7-12 months ago	13-18 months ago	24 months ago or longer
7%	59%	21%	5%	8%

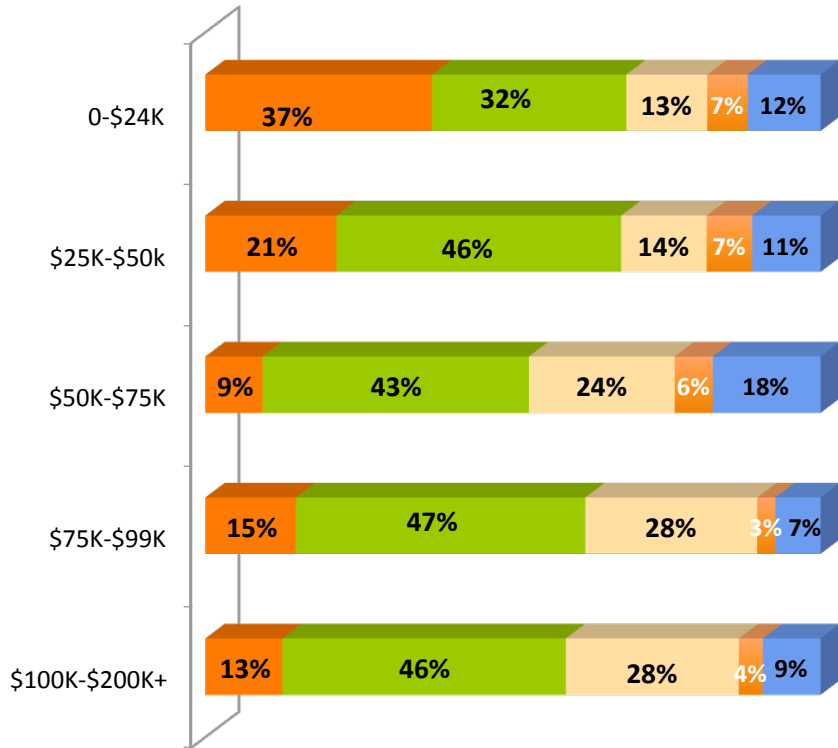
- Never
- Within the last 6 months
- 7-12 months ago
- 13-18 months ago
- 24 months ago or longer

When was the last time you had the following healthcare/medical tests/procedures?

N = 477

Healthcare

Last time they received: Diabetes screening



■ Never
 ■ Within the last 6 months
 ■ 7-12 months ago
■ 13-18 months ago
 ■ 24 months ago or longer

Never	Within the last 6 months	7-12 months ago	13-18 months ago	24 months ago or longer
18%	44%	22%	5%	11%

- Given the prevalence of diabetes in the Hispanic population, it is alarming that across all income groups there are women who have never been screened.

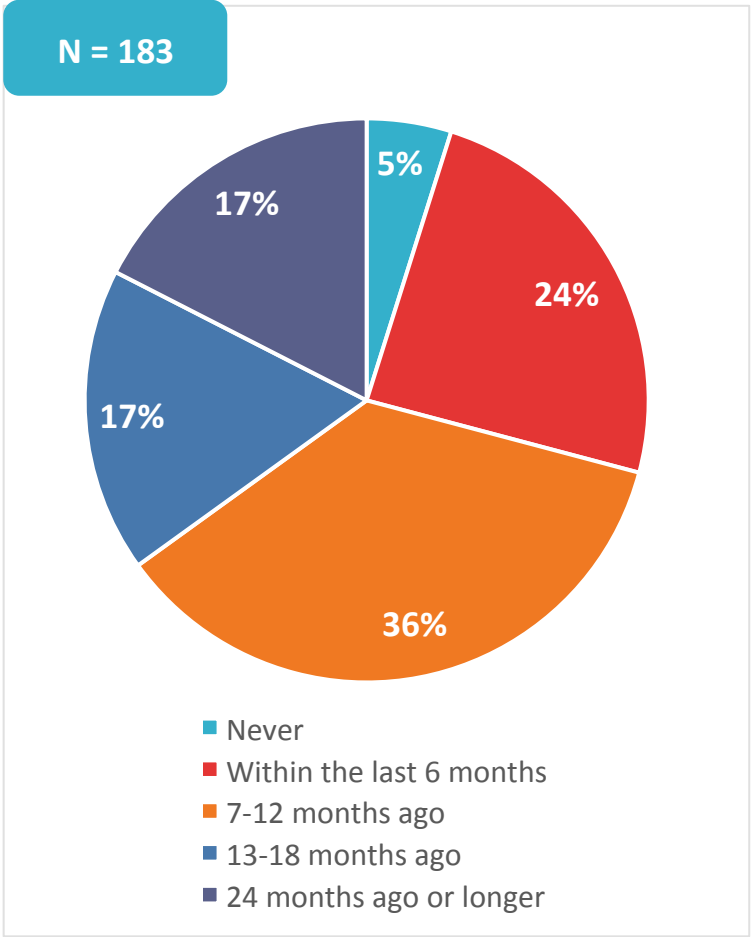
When was the last time you had the following healthcare/medical tests/procedures?

N = 477

Healthcare

Last time they received: Mammogram

Women 50+



Never	Within the last 6 months	7-12 months ago	13-18 months ago	24 months ago or longer
37%	18%	24%	9%	12%

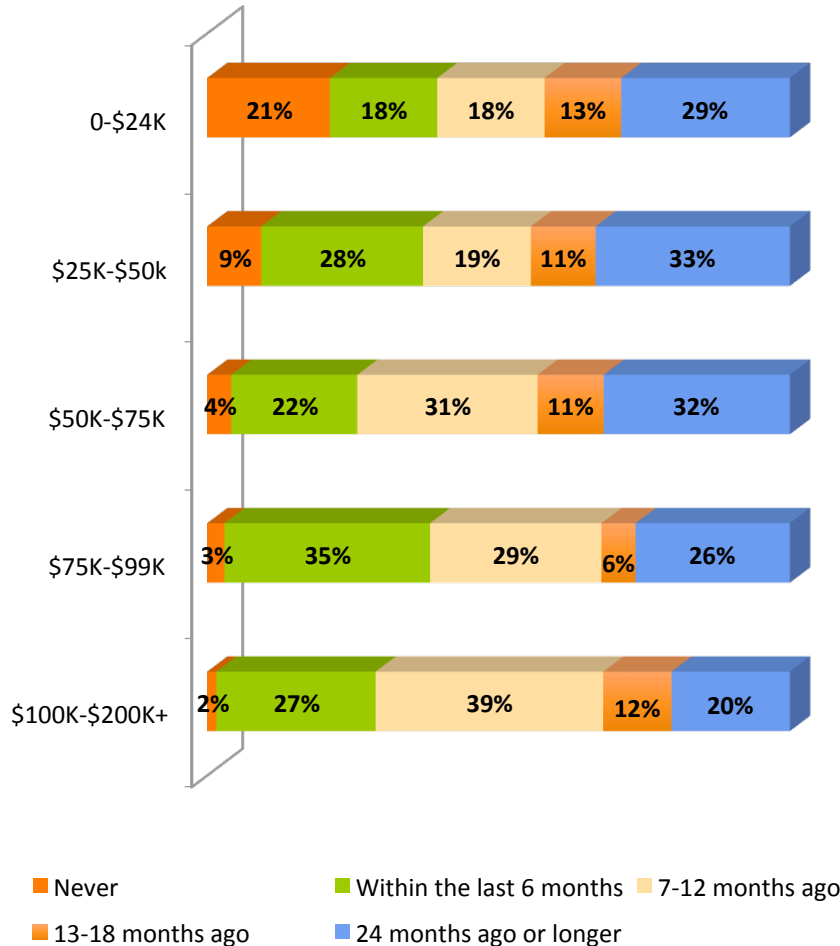
- 37% of women have never received a mammogram because they have yet to reach the age at which routine screening is recommended.
- However, 5% of women over 50 have never been screened for breast cancer.

N = 477

When was the last time you had the following healthcare/medical tests/procedures?

Healthcare

Last time they received: Pap smear



Never	Within the last 6 months	7-12 months ago	13-18 months ago	24 months ago or longer
7%	26%	28%	11%	28%

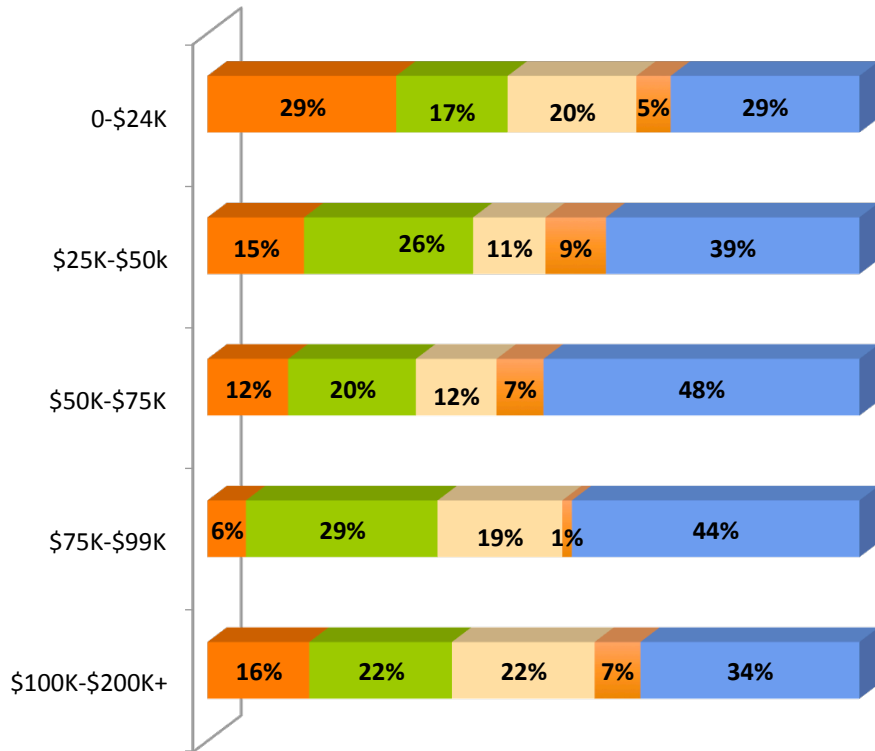
- Access to free or low cost reproductive health services has been limited in El Paso, leading some women in the lowest income categories to miss the recommended annual screenings or to not have them at all.
 - 29% had a Pap over 2 years ago, and 21% have never had one.

When was the last time you had the following healthcare/medical tests/procedures?

N = 477

Healthcare

Last time they received: Reproductive health/birth control consult



■ Never
 ■ Within the last 6 months
 ■ 7-12 months ago
■ 13-18 months ago
 ■ 24 months ago or longer

Never	Within the last 6 months	7-12 months ago	13-18 months ago	24 months ago or longer
16%	23%	16%	6%	39%

- Similarly, lack of accessible reproductive health services and family planning/birth control counseling is reflected in the number of women – across all income groups, for whom it has been over 2 years since their last consult, and the number of women who say they have never had one.

N = 477

When was the last time you had the following healthcare/medical tests/procedures?

Healthcare

Last time they received: Other Preventive Care

	Never	Within The Last 6 Months	7-12 Months Ago	13-18 Months Ago	24 Months Ago or Longer
Body Mass Index	39%	21%	12%	4%	24%
X-Ray	14%	26%	13%	8%	38%
Flu Vaccination	17%	23%	32%	9%	19%
Hearing Test	29%	10%	11%	5%	45%
Vision Exam	4%	35%	26%	13%	22%
Dental Exam Cleaning	4%	46%	17%	9%	25%

When was the last time you had the following healthcare/medical tests/procedures?

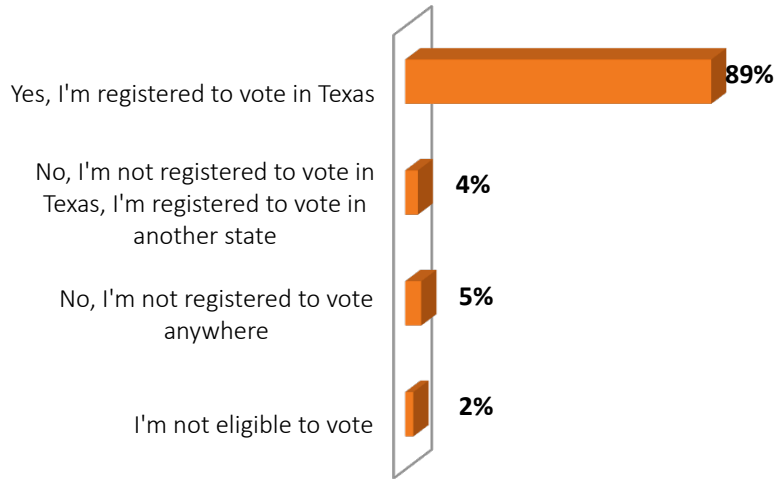
N = 500

Civic and Community Engagement

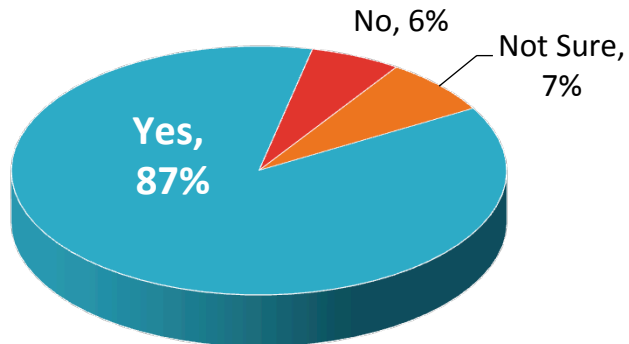
- The final section of the survey included questions aimed at determining the extent to which women are involved in their communities, whether through service and volunteering or by their political participation.
 - In addition to voting behavior, respondents were asked their level of agreement to a series of statements about their interest in politics.
- Women were then asked to rate the importance of a series of societal issues on a 5-point scale where 5= *Very Important*.
- While 89% of women were registered to vote in Texas, only 87% of them intended to vote in the November general election.
 - 59% considered themselves to be well informed voters, and a majority agreed that their vote counts and that they pay attention to politics.
 - 51% said they don't trust politicians, and 77% agreed that more women need to be elected at all levels of government.
 - Nonetheless, only 16% of all women said they have considered running for office.

Civic and Community Engagement

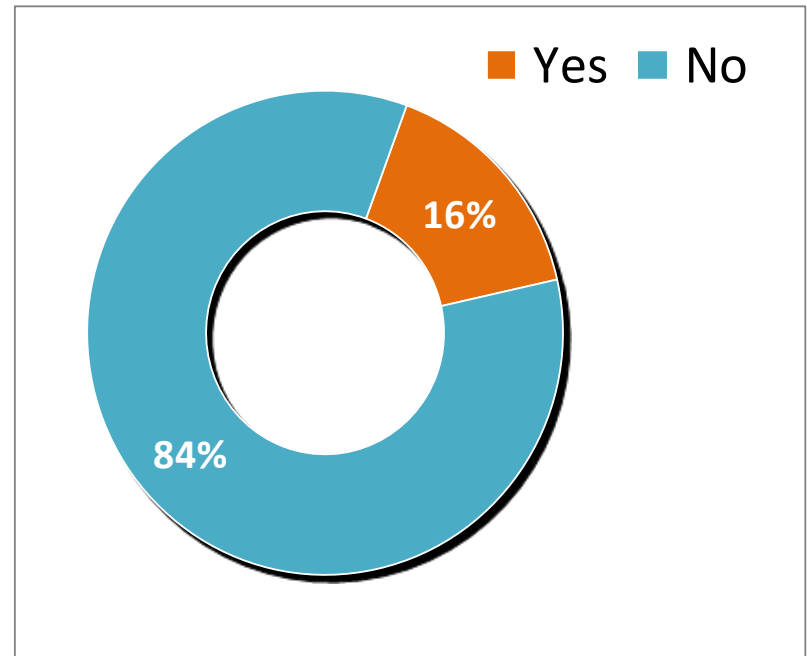
Voting Behavior and Political Aspirations



Are you currently registered to vote in Texas?



Do you expect to vote in the election this coming November?



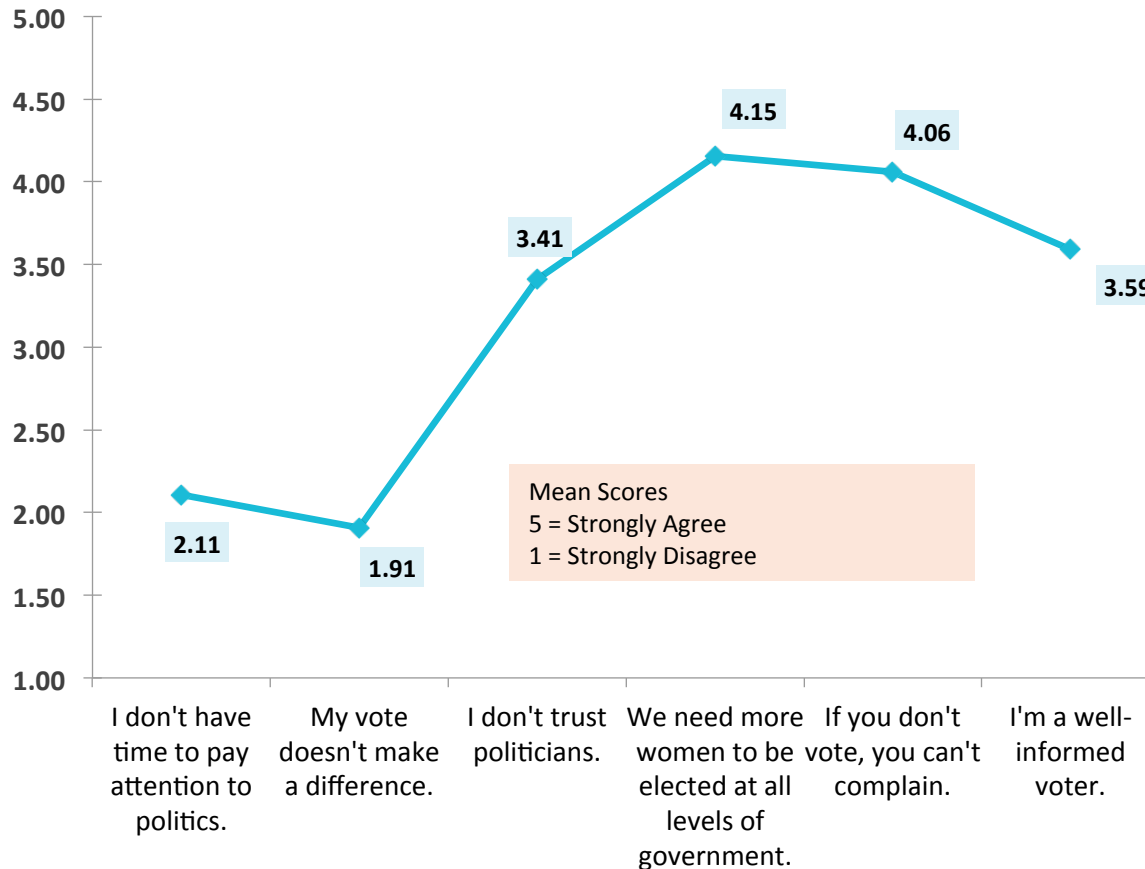
Have you ever considered running for elected office?

Civic and Community Engagement

Interest in Politics

Top 2 percent
Strongly Agree = 5, 4

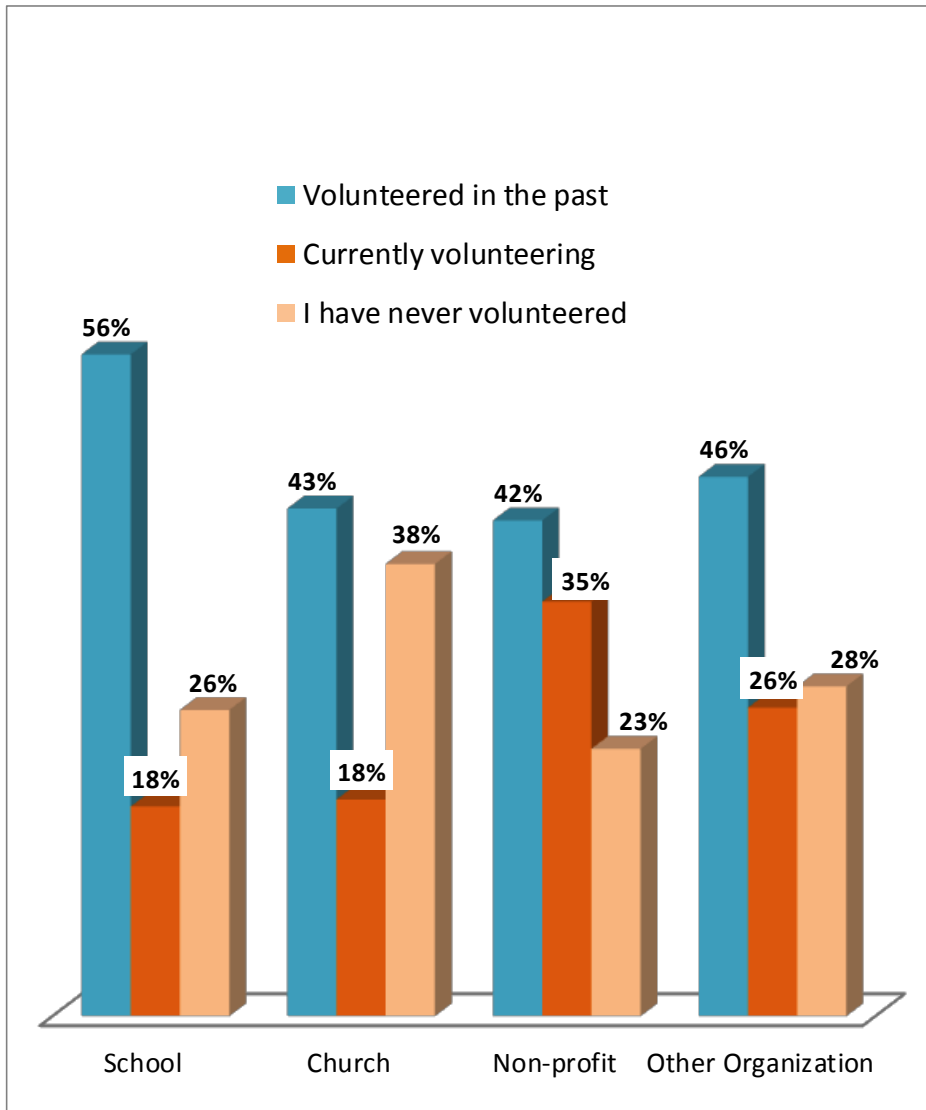
12%	11%	51%	77%	75%	59%
I don't have time to pay attention to politics	My vote doesn't make a difference	I don't trust politicians	We need more women to be elected at all levels of government	If you don't vote, you can't complain	I'm a well-informed voter.



Civic and Community Engagement

Volunteering Behavior

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- Of all respondent who reported they are currently volunteering 18% reported they are volunteering in a school.
 - 64% of them have children.
- The highest percentage (23%) of women who have volunteered in the past fall into the \$50K-\$75K income group.
- A majority of those who have never volunteered work 21 to 40 or more hours.

Select the responses that best describes your volunteering behavior.

N = 489

Civic and Community Engagement

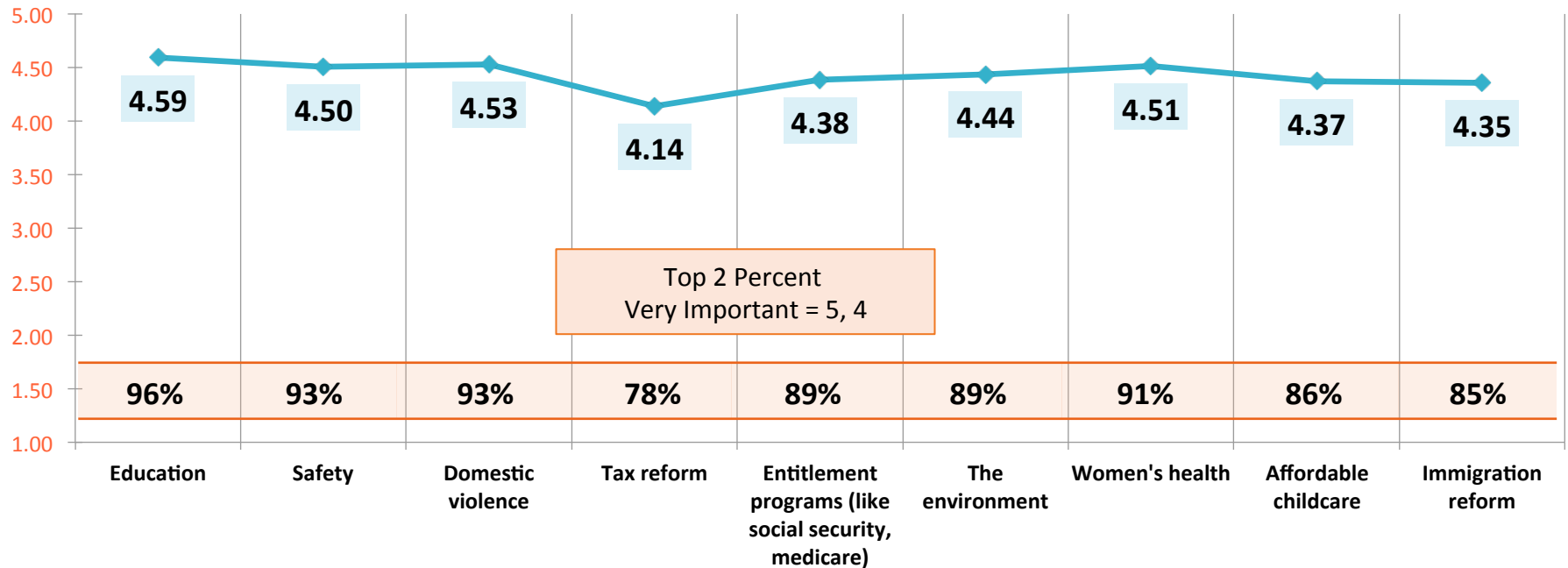
Issues of Importance

Mean Scores

5= Very Important

1= Not important at all

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- Education is seen as a very important issue by the largest percentage of respondents (96%), followed by safety and domestic violence (93% each), and women's health (91%).

Please indicate how important you consider each of the following issues

N = 559